



Greetings,

As usual, much has happened since our last alumni newsletter. The Department has hired a new faculty member, Dr. Darcy Reisman. In addition to teaching and doing research, Darcy has taken on the primary responsibility for coordinating and guiding our new Neurological and Older Adult (NOA) clinic. This clinic is being developed to provide our students with an outstanding integrated (part-time) clinical experience in the treatment of neurologically involved and older adult patients, similar to the training that our students presently receive in our orthopedics and sports physical therapy clinic. Dr. Rudolph is helping Darcy with setting up the clinical service. Orthopedic Clinic Director Tara Manal and Business Manager Gina Pusey are also helping with the administration of the NOA clinic. Similar to what we are doing with our NOA clinic, Dr. Cole Galloway is helping to establish a pediatrics clinical service at the University of Delaware's new Early Learning Center. This pediatric clinic will be used by our DPT students as part of their required integrated clinical experience in pediatrics that will take place during the summer between their second and third years of the program. The faculty are very excited about these new integrated clinical experiences, as we believe they are a critical component of the curriculum that markedly enhances our students' education.

The alumni association had two very successful events over the past year. First, the UD alumni

and DPTA sponsored a reception at the annual APTA in Washington DC that had a great turnout of alumni. The reception was very special for Lynn Snyder-Mackler and me, as we celebrated our election as Catherine Worthingham Fellows of the APTA. This was a great honor; which was made very special by having so many old friends join in our celebration. The second event was our annual homecoming tailgate party before the UD homecoming football game. As usual, we had the liveliest tent in the area, and many alumni came by to visit and cheer on the National Champion Delaware Blue Hens!!!! If anyone is interested in organizing a special event surrounding this year's homecoming weekend (e.g., 5th, 10th, 15th, 20th, or 25th class reunions), please let me know and we will help in any way we can.

As always, I would like to thank the many alumni and friends who provided financial support to the department over the past year. In addition to supporting alumni events, gift money was used to support our MPT students' graduation ceremony (this was our last MPT graduation) and partially fund student travel to the annual student conclave and the APTA's annual and CSM meetings. Attending these meetings is important for our students not only because of the clinically useful information they learn, but it also helps them develop a commitment to the profession and our professional association.

I hope that everyone who reads this newsletter is aware of the wonderful program that the UD Alumni Association has established to increase

alumni giving (thank you Julie Moyer Knowles, Alumni Association President, and Chuck Barker, Alumni Association Board Member for supporting this program and giving us an early heads-up!). The Alumni Association will match any donation by alumni who have not previously contributed to the University. As always, if the contributions are designated for Physical Therapy, 100% of both the donation and match is given to the Department. So, if you have not previously given or if know an alum who has not previously given, please consider making a contribution before December 2004 to receive this match. Please let me know if you need additional details or have any ideas regarding how to improve alumni support.

As always, we would love to see you.

Please come by and visit the department and please plan to attend our homecoming tailgate again this year.

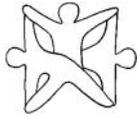


Best wishes and regards,

Stuart Binder-Macleod, PT, PhD, FAPTA
Professor and Chair

CALENDAR OF EVENTS:

APTA National Conference	June 30-July 3
Homecoming	October 1-3
DPT Class of 2005 Graduation	January 8



Featured Alumna: Dr. Julie Moyer-Knowles, University of Delaware, Physical Therapy Class of 1982

Dr. Julie Moyer-Knowles graduated from the University of Delaware Physical Therapy Program in 1982. While attending the U of D, she also was enrolled in the university's athletic training program. A couple of months after graduation, she moved to Alabama and pursued a Master's degree in Sports Medicine, followed by a doctorate in vocational rehabilitation from Temple University.

After U of D, Julie worked in acute care hospitals, outpatient sports medicine clinics, and at high schools and colleges performing physical therapy and athletic training services as part of her graduate assistantship. Since 1984, Julie has been involved with the United States Olympic Committee. Her roles have included being on the US Olympic Committee's Sports

Medicine Committee and the Medical Staff for the Olympic Games starting in 1988 in Seoul, Korea. In 1990, she opened Pike Creek Physical Therapy in



Wilmington, which now includes four Southern Delaware Physical Therapy sites from Smyrna to Rehoboth Beach.

Since graduating from the University of Delaware, Julie continues to use the UD PT program and its staff as an invaluable resource. She comments, "Just last month I contacted Lynn Snyder-Mackler for her opinion on a 9-year-old with a complete ACL rupture. Also, last month I worked with Stacie Larkin, both of us in a community volunteer capacity performing scoliosis screenings. I have also recently talked with Joe Lucca and

Tara Manal regarding licensure issues. Seems like someone from U of D PT Program is always involved with APTA and State Examining Board, and willing to help you!"

In turn, Julie serves as a valuable resource to the UD PT department. She offers her expertise teaching DPT students in courses including Cardio-pulmonary Physiology and Clinical Management and Administration. She also helped supervise students volunteering at this year's MS Society Bike to the Bay. The involvement of alumni in the DPT program truly enhances the education offered to UDPT students by presenting a wide variety of points of view and expert advice.

In terms of her involvement with the whole University, Julie currently serves as President of the University of Delaware Alumni Association. The purpose of this association is to help service U of D alumni and promote the goals of the institution. They have developed a scholarship program for incoming freshman, enrichment awards for students (of which some PT students have benefited), professorships, various alumni awards throughout the university, insurance programs for alumni, travel opportunities, and many other enjoyable projects. The Alumni Association is now in the process of supporting the Center for the Arts, a beautiful new construction project being erected near the Amy Dupont Music building which will promote music, theater, and the arts. In addition to the Alumni Board at U of

D, Julie is also involved with the Athletic Department's Steering Committee, and the Gender/Racial Equity Committee.

Julie feels very fortunate to have graduated from the University of Delaware. She recalls that the UD Physical Therapy program was always looked at as one of the best in the country. In 2000, US News and World Report ranked it as one of the top 10 PT programs. US News also ranked U of D as one of the "Top 20 Bargains." Julie notes that the quality of the PT program and University as a whole is constantly improving. Today,

"I feel very fortunate and proud to be associated with such a fine institution and program!"

the average SAT score entering the University is 1167, with about 38% of applicants getting accepted. The PT program that was an undergraduate degree when Julie graduated, now culminates in a doctorate in physical therapy. UD continues to attract qualified applicants to its exceptional PT program.

Julie relays her pride in the UDPT program: "Over the past 20 years, remarkable changes have occurred with the PT Program. The program has a well respected and published staff that not only helps the local medical community, but also supports our international PT community. I feel very fortunate and proud to be associated with such a fine institution and program!"

*****NEWS FLASH*****

In the 2005 edition of U.S. News & World Report, the UD Physical Therapy Program was ranked 4th in the nation!!!!

Alumni: Mark Your Calendars!

Homecoming 2004 will be **October 1st-3rd.**

We look forward to seeing you then!

Watch your mail for more information on UDPT Alumni Events for Homecoming weekend.



Early Learning Center Set to Open Its Doors in June 2004

The Early Learning Center (ELC), which is part of the College of Human Services, Education, and Public Policy, will inhabit the former Girls Inc. building on Wyoming Road in Newark in June of 2004. The center is being remodeled to accommodate 30 infants, 48 toddlers, and 84 preschoolers. In addition, the center will be home to 75 school-aged children before and after school, as well as in



the summers.

According to Karen L. Rucker, the Director of the ELC, there are four dimensions to the new center: "quality child care, research, family services training and education for the community, and undergraduate education and pre-service training." This multidisciplinary facility will include "22 classrooms, 2 therapy as-

essment rooms, a parent meeting and resource room, a gym, offices, and observation and teaching areas where students and others can see children in action."

The development of this new Center is of primary importance to the Physical Therapy Department, as it will serve as the new clinical site for the department's integrated pediatric clinical experience, as well as the site for the department's pediatrics class taught by Dr. Cole Galloway.

Dr. Stuart Binder-Macleod Receives APTA Golden Pen Award

Dr. Binder-Macleod was recently notified of his selection for the APTA's Golden Pen Award for 2004. According to the APTA website, the purpose of this award is "To recognize a member who has demonstrated superior writing skills in one or more articles published in *Physical Therapy*, and

who has collaborated with or encouraged others to make similar contributions to *Physical Therapy*." This award was established in 1964 to recognize individuals who have made significant contributions to the advancement of the *Physical Therapy Journal*.



Dr. Binder-Macleod will receive this award at the APTA's Honors and Award Ceremony at Annual Conference in Chicago this July.

Dr. Lynn Snyder-Mackler Chosen for Marian Williams Award for Research in Physical Therapy



Like Dr. Binder-Macleod, Dr. Snyder-Mackler will also be honored for the second straight year with an award at the APTA Annual Conference. She is the recipient of the 2004 Marian Williams Award for Research in Physical Therapy. The APTA website describes the

purpose of this award as: "to acknowledge an individual who has made significant contributions to physical therapy through excellence in research as exemplified by the professional and research career of Marian Williams." The award was established in honor of Marian Williams in 1963 to recognize

researchers who have contributed sustained and outstanding basic, clinical, and/or educational research in the field of physical therapy.

Dr. Snyder-Mackler will formally be honored with this award at the Honors and Awards Ceremony at Annual Conference in Chicago.

Dr. Stuart Binder-Macleod Receives Outstanding Alumnus Award

Dr. Stuart Binder-Macleod was chosen by the Medical College of Virginia's Department of Physiology to receive the 2003 Outstanding Alumnus Award for Basic Health Sciences. The committee nominated Dr. Binder-Macleod for this award based on his "exceptional academic and scientific

accomplishments."

The Outstanding Alumnus Award for Basic Health Sciences, which was established by the Medical College of Virginia Alumni Association, is based upon service and dedication to one's alma mater or department, as well as one's national and interna-

tional recognition.

Dr. Binder-Macleod formally accepted this much-deserved award in Richmond on September 2003 and gave a seminar at the request of the Department of Physiology and the Alumni Association.

Message from the President of the Class of 2005

By: Kathryn Cunningham, SPT

It's hard to believe that graduation is less than a year away now. We have really grown and matured as a class and are finally making the transition from student to professional. We'll admit...we still have our doubts about our PT skills, but we have the momentum to hit the ground running.

Enough about the future, what have we been up to in the past year? Well, we all completed our acute care affiliation this past summer and now many of us have completed our orthopedic and geriatric integrated affiliations.



The geriatric clinic has given us much-needed experience working with a different generation and their special

needs. This year we also worked for the UD's field hockey team, gave massages at Bike to the Bay, and sold clothing and Tupperware to raise money. A portion of the fundraising profits will be donated to the Foundation for Physical Therapy and another part was used to help pay for our formal this past February. Our class has been continuing the UDPT tradition of community service through involvement in the MS Assessment Clinic, scoliosis screenings at local schools and various other volunteer activities.

With support from alumni contributions, a number of students from both classes attended APTA Annual Conference 2003 and the March for Direct Access, National Student Conclave (NSC) 2003 and Combined Sections Meeting 2004. Thank you to all the alumni and faculty that continue

to give us their undivided attention and support. You are our mentors, and we couldn't go through this process without you.

Welcome DPT Class of 2006!

Leah Beets ~ Ouachita Baptist University
Tami Blusk-UD
Yuchin Chang-Baylor University
Bob Chen-National Taiwan University
Kate Christian-UD
Stephanie Ciervo-St. Joe's University
Aaron Cooke-UD
Nick Deblasio-UD
Brian Diksa-UD
Sharna Gray-Bowie State University
Christine Ho-University of Richmond
Megan Jones-UD
Kaja Kilburn-Skidmore College
Maria Merluzzi-University of Iowa
Megan Moeller-University of Virginia
Michelle Nardone-UD
Lynn Niedzialek-Geneseo
Megan Nuttall-UD
Kate Pantalino-Loyola
Jim Porcelli-University of Wisconsin
Lisa Pozzi-UD
Marc Rosner-Rutgers
Travis Ross-UD
Allison Sabo-UD
Kevin Sharp-UD
Lindsey Smart-UD
Kama Smith-UD
Dennis Treubig-UD
Sean Umstead-Penn State University
Mike Voltz-UD
Alissa Wetmore-UD
Henry Wright-UD

From the President of the Class of 2006...

By: Kama Smith, SPT

We have been called an "interactive" class, and have already begun to compile a plethora of memories and experiences both within and outside of the classroom. In addition to all of our class work, we have gained valuable hands-on experience outside of the classroom through various volunteer experiences, such as giving massages at the MS Society's Bike to the Bay race and other events. The Multiple Sclerosis clinic held monthly at the UD clinic has captured many of my classmates' interest.

Our lives outside of the classroom were further enriched this fall when a small group of us attended the APTA's National Student Conclave in Milwaukee, WI. At this conference we met hundreds of other students. Our class also planned Faculty Appreciation Week to thank the professors and staff for everything they do for us. The outstanding door decorations (many of which are still up) and extremely delicious potluck lunch truly expressed our gratitude.

On top of a full Spring class schedule, many of us will be involved

in integrated geriatric or orthopedic clinical experiences. Hopefully, our early hands-on practice will provide us with the confidence that we will need to become enthusiastic clinicians. This summer students will travel all over the country for Acute affiliations: South Carolina and Texas to Colorado and Arizona and the northeast coast. Each of us anticipates learning a great deal, and we look forward to putting the knowledge we have gained this year to use.

The DPT1's not only participate in PT-related community service projects such as Newark Community Day and raising awareness of the Medicare direct access and therapy cap bills at local physical therapy clinics, but are also involved in UD-related activities. Our class sent a co-ed flag football team to a regional competition at the University of Maryland. Co-ed intramural volleyball gives us an outlet for frustrations and provides us with some competition and fun outside of the classroom. With all the activities we are involved in, our eagerness to learn and grow is evident, and we are anticipating an interesting 2 more years of learning and fun....



Chair Donations: They're Back!

A few years ago, the UDPT Department upgraded the chairs in the PT classroom with help from alumni donations. With the new DPT curriculum, more chairs are needed.

Once again, the Physical Therapy Department will create a named chair in your honor for only \$75!

The chair will be affixed with a nameplate containing the inscription of your choice. Just fill out the form below and send it to the PT Department.



Order Form: PT Department Named Chairs

Name: _____

Address: _____

Inscription:

_____ This chair generously donated by _____ Class of _____

_____ This chair donated in honor of _____

Please include check (\$75 for each named chair) payable to **University of Delaware**

Mail to: University of Delaware Physical Therapy Department

301 McKinly Lab

Newark, DE 19716

UD Opens Neurologic and Older Adult Physical Therapy Clinic

This spring, the UDPT department is launching the Neurologic and Older Adult Physical Therapy Clinic (NOA). The clinic is modeled after the UDPT Clinic, and will serve as the new home of the Neurologic and Older Adult Integrated Clinical Experience. The DPT curriculum now includes 3 integrated clinical experiences: one orthopedic, one pediatric and the neurologic and older adult. Renovations on the third floor of McKinly Lab have carved out a space for the new Clinic. In addition to offering PT

services, the clinic will be sponsoring exercise classes designed for persons with particular diagnoses (e.g. osteoporosis, stroke) that will be

offered free or at low cost to the community. The classes will be designed and implemented by students participating in the Neurologic and Older Adult Integrated Clinical Experience, under the supervision of PT Faculty. The first class will be for stroke survivors and will be piloted at the end of this Spring semester.

The NOA Clinic also will sponsor a Journal Club on the 4th Wednesday of each month. Alumni and clinicians are encouraged to attend. The Journal Club schedule, topics and articles can be accessed electronically at: <http://www.udel.edu/PT/clinic/journalclub.html>

For more information on the NOA clinic, contact Dr. Darcy Reisman (dreisman@udel.edu), faculty liaison to the new clinic.

UDPT's Newest Faculty Member: Assistant Professor Darcy Reisman



Dr. Reisman is originally from Minnesota, where she earned her Bachelors and Masters degrees from the College of St. Scholastica in Duluth. After earning her degree in Physical Therapy, she first

worked in acute care at Dartmouth Medical Center. She then worked in inpatient rehab, outpatient rehab and long term care for several years. After six years of practice, Dr. Reisman came to the University of Delaware to start work on her PhD with Dr. John Scholz.

Dr. Reisman's research interests include the motor control of functional movements in patients with neurologic disorder, deficits following stroke, and the efficacy of innovative treatment interventions in this population. She currently teaches PHYT 804, neurophysiologic evaluation and treatment and serves as the faculty contact for the new Neurologic and Older Adult Clinic.



Two UDPT Professors Honored as Catherine Worthingham Fellows of the APTA



Dr. Stuart Binder-Macleod and Dr. Lynn Snyder-Mackler were elected as Catherine Worthingham Fellows of the APTA last spring. They were then formally recognized at the Honors and Awards Ceremony

at APTA's Annual Conference in Washington, D.C. Following the ceremony, both professors attended the UDPT Alumni Reception, where they were each given scrapbooks recounting the history of their careers.

This award was established in 1980 by the APTA Board of Directors and is named in honor of former APTA President Catherine Worthingham. According to the APTA, the purpose of the award is: "to recognize those persons whose work, like the distinguished woman honored in this [award], has resulted in lasting and significant advances in the science, education, and practice of the profession of physical therapy." In order to be considered for this honor, the person must be "an active or life member of the Association whose contributions to the profession through leadership, influence, and achievements demonstrate frequent and sustained efforts to advance the profession. These contributions must have



been sustained for a period of not less than 15 years preceding the nomination for election." Candidates are nominated by APTA members and then elected by the Board of Directors. 76 Fellows have been elected since the first class was announced in 1981.



UD to Graduate First DPT Class in 2005

The University of Delaware will graduate its first class of Doctors of Physical Therapy on January 8, 2005. The new DPT curriculum has expanded the program to 2.5 years with



additional clinical and didactic experiences. By moving graduation from July to January, the PT Department

will be able to participate in Winter Commencement with the whole University. Following the University's Winter Commencement, a PT Department Convocation Ceremony and reception will be held in Clayton Hall.



UDPT Press Releases

The following news releases from the UDPT Department are available online:

- **New facility will accommodate 237 children from six- weeks to 12-years-old:** <http://www.udel.edu/PR/NewsReleases/2004/jul/7-24-03/elc.html>

- **Project to benefit stroke patients:** <http://www.udel.edu/PR/Messenger/02/4/project.html>
- **Taking steps to reduce knee pain:** <http://www.udel.edu/PR/Messenger/03/2/HNtaking.html>

- **Research that gives babies a leg up:** <http://www.udel.edu/PR/Mes->



University of Delaware Multiple Sclerosis Clinic Update By: Dana Jenson and Becky O'Neill, DPT Class of 2005, Student Coordinators

The University of Delaware Physical Therapy Department in conjunction with The Delaware Multiple Sclerosis Society has been sponsoring the Multiple Sclerosis Assessment Clinic for the past 4 years. Coordinated by Mr. Ken Seaman, PT, MA, this service is provided to Delaware MS Society Members who have been diagnosed with Multiple Sclerosis. The clinic provides these individuals with a chance to obtain recommendations on their current condition and discuss questions and concerns with a variety of health care professionals.



Clients participating in the

clinic are evaluated by several disciplines, including physical therapy, occupational therapy, nutrition, energy expenditure, gait analysis, optometry, counseling and massage. These volunteer clinicians make recommendations for each patient and their doctors to further explore. Under Mr. Seaman's direction and coordination, second year DPT students run the program. Several first year DPT students also volunteer at the MS Clinic, where they learn valuable evaluation and patient handling skills from the older students. This spring, the DPT 1 students will be trained so that they can take over in the fall. The current clinic student managers, Dana Jenson and Becky O'Neill will train DPT 1 students Tami

Blusk and Megan Jones, who will serve as the new student managers next year.

UDaily recently wrote an article focusing on the MS Assessment Clinic.

You can find the article at: <http://www.udel.edu/PR/UDaily/2004/msclinic020304.html>. Check it out!



UDPT Students and Faculty Participate in PT March on Washington, D.C.

On June 19, 2003 2,000 PTs, PTAs, and PT and PTA students from all 50 states gathered on Capitol Hill to rally in support of legislation for Direct Access under Medicare and removal of the Medicare therapy cap. Direct access bill (HR793/S493) sponsors Lincoln and Rep Earl Pomeroy (D-ND) along with APTA President Ben Massey, Jr,



PT, MA, and APTA CEO Frank Mallon spoke to the crowd about the necessity of this legislation.

In honor of this history-making event, the APTA House of Delegates officially proclaimed June

19, 2003, "The Medicare Beneficiary Access to Physical Therapists Act Day on Capitol Hill."

Following the rally, the Delaware contingent visited the offices of state legislators to discuss current legislation of importance to Physical Therapists in the state. DPTA members stressed the importance of this legislation in cutting costs and optimizing care for Medicare beneficiaries.

For more information on the March, visit the APTA website: <http://www.apta.org>. APTA's grassroots advocacy campaign will continue with the 2004 Federal Government Affairs Forum this April.



National Student Conclave 2003

The 2003 National Student Conclave was held October 24-26 in Milwaukee, Wisconsin. The theme of this year's conference was "Start Here, Go Anywhere." First year students Michelle Nardone, Jim Porcelli, Lindsey Smart, Kama Smith and Alissa Wetmore and second year students Kat Cunningham, Dana Jenson and Erin Rieben attended the conference. Over 900 physical therapist and physical therapist assistant students from as far away as Puerto Rico participated in lectures and clinical sessions with APTA leaders and experienced physical therapists. There

were workshops on resume writing, job search strategies, interviewing, passing the licensure exam and PT/PTA relations.



Kat Cunningham and Erin Rieben each were slated to run for office in the APTA Student Assembly. Kat ran for the position of Director, and Erin ran for Nominating Committee. A candidate forum was followed by the elections on Saturday. Erin was elected to the position of Chair of the Nominating Committee.

The 2004 National Student Conclave will be held October 22-24 in Charlotte, North Carolina.

WANT TO SAVE TREES AND DEPARTMENT MONEY?

If you would like to read the alumni newsletter on-line instead of receiving the printed publication, e-mail Mrs. Rita Pennypacker (rpenny@udel.edu) and request to be added to the alumni e-mail list. We will e-mail you a web link for the newsletter each time it is completed.

APTA Combined Sections Meeting 2004



APTA's Combined Sections Meeting 2004 was held in Nashville, Tennessee February 4-8. Many UD faculty, staff, DPT students and PhD students attended this conference in "the Music City." CSM offered opportuni-

ties to attend section-sponsored programming as well as networking and fundraising events. Several presentations were given by UD faculty, clinicians and doctoral students.

A listing of UD presenters at CSM can be found here: <http://www/udel.edu/PT/alumni/newsletter/csm.doc>.

Congratulations to UDPT Clinic Director Tara Jo Manal PT, OCS, SCS who was elected Vice President of the Performing Arts Special Interest Group of the Orthopedic Section of the APTA!





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WE'RE ON THE WEB!
[www.udel.edu/pt/alumni/
newsletter](http://www.udel.edu/pt/alumni/newsletter)

Attention Alumni!

If you have never donated to UD before, this is the year to start! Through December 31, 2004 UD will **MATCH** contributions made to the department by first time donors (to the University). This means that if you give a partment give \$100, \$200. Don't miss this unique opportunity to **double** your contribution to the PT Department! This means that if \$10 gift, the PT De-receives \$20; if you the department gets Make sure to desig- your donation is to the **Physical Therapy Department**. For further information, please contact www.udel.edu/makeagift or call the Office of Annual Giving on 302-831-4654.. Thank you!

For all donors: If you would like to make a gift in support of our program, you may do so online by going to www.udel.edu/makeagift and please consider designating your donation to the **Physical Therapy Department**. To make a pledge, pay by credit card or mail in a check after filling out the form online. Your financial support provides many opportunities for students to benefit from a quality education. Thank you!



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View our enhanced online newsletter <http://www.udel.edu/PT/alumni/newsletter/>